## MACOMB COUNTY DEPARTMENT of SENIOR CITIZEN SERVICES

21885 Dunham Rd., Suite 6 Clinton Twp., MI 48036 (586) 469-6313

## COUNSELING PROGRAM SUPPORT GROUP SCHEDULE

## NEW All About You...A Support Group for

Carepartners... providing support, information and resources, stress relief and coping skills. Co-facilitated by Counseling and Adult Day Service with respite care available for adults for a fee of \$10.00. Registration required for use of respite care. Call 586-469-5580 *Third Tuesday* of the month, 10:00AM to 12:00 Noon

- New Beginnings Grief Support Group
  First Tuesday of the month, 10:00 AM to 12:00 Noon
- ◆ Late Life Divorce Support Group First Wednesday of the month, 1:30 PM to 3:30 PM

The above three groups meet at the VerKuilen Building, Senior Auditorium 21885 Dunham Rd., Suite 6, Clinton Twp. 48036

 New Horizons - Depression Support Group Second Monday of the month, 6:00 PM to 7:30 PM Meets at Christ Lutheran Church 32300 Schoenherr Rd. (1/2 mile south of 14 Mile Rd., East side Schoenherr)

If you have questions or concerns about above four groups please call Bobbi Knapp, Senior Counselor, at (586) 469-6708

## Grandparents Raising Grandchildren

Dates, times and locations follow. For more information call Mary Potts or Kathleen Bayer, Kinship Care Coordinators, at (586) 469-6315.

Mt. Calvary Lutheran 8129 Packard, Warren South of 9 Mile, East of Van Dyke 4th Tuesday, Monthly 6:00 PM - 8:00 PM (There will be organized activities for the children at 6:00 PM) VerKuilen Building Entrance C, Suite 6 21885 Dunham Rd. Clinton Twp. 3rd Wednesday, Monthly 7:00 PM - 9:00 PM (Childcare provided)



The Macomb County Department of Senior Citizen Services is sponsored primarily by the Macomb County Board of Commissioners. For more information on this and other senior programs, call (586) 469-6313 or visit our website at <a href="https://www.macombcountymi.gov/seniorservices">www.macombcountymi.gov/seniorservices</a>.